

Date	Day	Event	Distances	Venue	Club	Contact Person	Contact No.
27-Jan-2024	Saturday	ASA 35km Race Walking Championships & OpenInternational	35km	Cape Town, Youngsfield MilitaryBase	ASA	Thabang	076 133 6131
27-Jan-2024	Saturday	AGW COUNCIL MEETING	MEETING	TBA	AGW	AGW OFFICE	0792307757
3-Feb-2024	Saturday	Vodacom Meerkat Marathon	42.2km,21.1km, 10km & 5km	TBA	KRR	Club Secatary	079 893 3402
10-Feb-2024	Saturday	Diamantveld HS Invitational	T&F	Hoerskool Diamantveld	DHS	Thian	
10-11 Feb 2024	Sat-Sun	World Athletics Cross Country Championships	CC	MEDULIN, CROATIA	ASA	Thabang	0761336131
17-Feb-2024	SATURDAY	2 BRIDGES HALF MARATHON	5KM, 10KM &21.1KM	HOPETOWN SHOW GROUNDS	HOPETOWN RUNNING CLUB	SYDNEY STEVENS	0738957250
17-Feb-2024	Saturday	HARTSWATER TOP 20	T&F	Hartswater High School	Hartswater High School	Fransie Roux	
24-Feb-2024	Saturday	SPU Community Big walk	4,9 KM	Windhoek Draught park	SPU Athletics Club	Lusinda Bowers	0787280673
25-Feb-2024	Sunday	50km Runified Breaking Barriers Race / ASA 50KM Championships	50km	Marine Park, GQEBERHA	ASA	Thabang	0761336131
1-2 Mar 2024	Fri-Sat	AFS U/16, U18, U20 and Senior Championships	T&F	Mangaung Athletics Stadium	AFS	TBC	
1-3 Mar-2024	Fri-Sun	World Athletics Indoor Championships	T&F	GLASGOW, SCOTLAND	ASA	Hezekiel Sepeng	076 037 6227
2-Mar-2024	Saturday	DIAMOND MARATHON	42,2km, 21,1km & 10km	St Patrick's CBC	KIMBERLEY HARRIERS & AGW 42,2km	SAMMY LOUW	0797290689
8-9 Mar 2024	Fri-Sat	Northern Cape High Schools (SASA) T&F Championships	T&F	De Beers Stadium	SASA	TBC	
10-Mar-2024	Sunday	Motsepe Foundation ASA 10km Championships	10KM	Central Gauteng AthleticsVenue: TBC	ASA	Thabang	0761336131
14-Mar-2024	Thur	ASA Athletics Grand Prix 1 / Continental Tour Challenger	T&F	NWU McArthur Stadium,Potchefstroom	ASA	Hezekiel Sepeng	0760376227
16-Mar-2024	Saturday	Diamond Pavillion Mall Half Marathon	21.1km,10km, 4.5km	TBA	KRR	Club Secatary	079 893 3402
18-Mar-2024	Mon	ASA Athletics Grand Prix 2 / Continental Tour Challenger	T&F	Athletics Gauteng NorthVenue: TBC	ASA	Hezekiel Sepeng	0760376227
21-23 Mar-2024	Thu-Sat	ASA U/16, U/18 (YOUTH), U/20 (JUNIOR) & U/23 Track &Field National Championships	T&F	Pilditch Stadium, Pretoria West	ASA	Thabang	0761336131
23-Mar-2024	Saturday	Phakamile Mabija Half Marathon	5km, 10km, 21.1km	Adamantia Hoerskool	Teemaneng Running Club	Sonqoba xulu	0664819942
28-Mar-2024	Thur	ASA Athletics Grand Prix 3 / Continental Tour Challenger	T&F	University of Johannesburg Athletics Track	ASA	Hezekiel Sepeng	0760376227
13-14 Apr 2024	Sat-Sun	Two Oceans Ultra Marathon 56km (AIMS)	21.1km / 56km	Cape Town	ASA	Debra Barnes	083 456 6720
15-19 Apr 2024	Mon-Fri	CROSS COUNTRY LEAGUE 1	CC	TBA	CROSS COUNTRY COMMISSION	AGW OFFICE	0792307757
18-21 Apr 2024	Thu-Sat	ASA Senior Track & Field National Championships andMulti Events + Relays	T&F	Msunduzi Athletics Stadium,KwaZulu Natal	ASA	Thabang	0761336131
27-Apr-2024	Saturday	KRC Freedom Day Run	4.9km, 10km, 21.1km, 42.2km	TBA	Kuruman Running Club	Tino Choche	0691024734
27-Apr-2024	Saturday	ASA Marathon Championships incorporating Durban International Marathon	42km	Durban, KwaZulu Natal	ASA	Thabang	0761336131
4-5 May 2024	Sat-Sun	World Athletics Relays' Championships		BAHAMAS	ASA	Hezekiel Sepeng	0760376227
4-May-2024	Saturday	Kimberley Marathon	10Km, 21.1Km, 42.2Km	Yorkshire Cricket Group	Kgosi Galeshewe Athletics	Thato Setholo	0829984075
13-17 May 2024	Mon-Fri	CROSS COUNTRY LEAGUE 2	CC	TBA	CROSS COUNTRY COMMISSION	AGW OFFICE	0792307757
1-Jun-2024	Saturday	ASA Half Marathon Championships incorporating NMBHalf Marathon	21.1km	Pollock Beach, Summerstrand,Gqeberha	ASA	Thabang	0761336131
2-Jun-2024	Sunday	Kimberley Iconic Sites Half Marathon	21.1km/10km/4.9km	Galeshewe Stadium	Kgosi Galeshewe Athletics	Thato Setholo	0829984076
9-Jun-2024	Sunday	Comrades Marathon	90KM	Pietermaritzburg	Rowyn James	Rowyn James	0795010061
22-Jun-2024	Saturday	AGW ANNUAL GENERAL MEETING	MEETING	TBA	AGW	AGW OFFICE	0792307757
13-Jul-2024	Saturday	Kimberley Iconic Sites Half Marathon	4.9Km, 10Km, 21.1Km	yorkshire Cricket Group	Kgosi Galeshewe Athletics	Thato Setholo	0829984075
22-26 Jul 2024	Mon-Fri	CROSS COUNTRY LEAGUE 3	CC	TBA	CROSS COUNTRY COMMISSION	AGW OFFICE	0792307757
9-Aug-2024	Friday	KRC Women's Day Run	4.9km , 10km	TBA	Kuruman Running Club	Tino Choche	0691024734
17-Aug-2024	Saturday	AGW CROSS COUNTRY CHAMPIONSHIP	CC	TBA	CROSS COUNTRY COMMISSION	AGW OFFICE	0792307757
24-Aug-2024	Saturday	Mark van Niekerk Half Marathon	21.1km,10km, 4.5km	TBA	KRR	Club Secatary	079 893 3402
31-Aug-2024	Saturday	SPU Birthday colour Run	4,9KM ,10KM ,21.1KM	Windhoek Draught park	SPU Athletics Club	Lusinda Bowers	0787280674
7-Sep-2024	Saturday	VULTURE CONSERVATION TRAIL RUN	4.9KM & 16+ km	DRONFIELD NATURE RESERVE	KIMBERLEY HARRIERS	SAMMY LOUW	0797290689
7-Sep-2024	Saturday	ASA Cross Country Championships	CC	Athletics Vaal TriangleVenue: TBC	ASA	Thabang	0761336131
14-Sep-2024	Saturday	Kgosi Galeshewe Half Marathon	21.1km/10km/4.9km	Yorkshire Cricket Group	Kgosi Galeshewe Athletics	Thato Setholo	0829984077
28-Sep-2024	Saturday	Teemaneng Half Marathon	4,9 km, 10, 21.1 km	Adamantia Hoerskool	Teemaneng Running Club	Sonqoba xulu	0664819942
5-Oct-2024	Saturday	PMG HALF MARATHON	5KM, 10KM, 21.1KM	Postamsburg	Postmasburg Athletics Club	Keith Blanket	0614795525
12-Oct-2024	Saturday	Kleinreus Half Marathon	21.1KM & 10KM	Orania Oewer	Orania Atletiekkklub	Christo Muller	0836280272
19-20 Oct 2024	Sat-Sun	SANLAM CAPE TOWN MARATHON	5KM, 10KM, 42.2KM	Cape Town	Barry van Blerk	Barry van Blerk	0823390748
26-Oct-2024	Saturday	Great Kolomela Iron Road Race	5KM, 10KM, 21.1KM, 42.2KM	Postmasburg Showgrounds	Kolomela Athletics Club	Bonolo Maruping	0783136498
26-Oct-2024	Saturday	ASA 5KM and 1 Mile Championships	5KM	Bloemfontein, University of the Free State	ASA	Thabang	0761336131
1-Nov-2024	FRIDAY	HON RANGERS & NIGHT RACE	4.9KM & 10KM	ROOIFONTEIN NATURE RESERVE	KIMBERLEY HARRIERS	SAMMY LOUW	0797290689

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